

VPK AT-HOME INSTRUCTION

EMERGENT LITERACY



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When reading a book, pint out words that begin with the same letter as your child's name (e.g., John and jump).

WEEK 1

WEEK 2

Write letters on pieces of paper and put them in a paper bag. Have your child reach into the bag, take out letters and name them.

WEEK 3

Encourage your child to act out their favorite story. WEEK 4

Read a story to your child. Ask them what might happen next.

Let your child hold the book when reading a story. Have them use visual cues to retell the story.

Let your child cut out familiar words and pictures from magazines and ask them about the pictures and words.

Read a story to you child and have conversations about stories that include asking questions to allow children to talk about the story.

Make an alphabet book with your child. (Write each letter on a sheet of paper and staple them all together. Your child could search through old magazines, catalogs, or newspapers for pictures that begin with each letter to glue on each page of the

Help your child make 'about me" book with family pictures, leaves, magazine pictures of a favorite food and drawings.
Place them in a photo
album, or glue onto sheets of paper and staple together to make a book

Read a story to your child. Encourage your child to name the characters when reading the story

Point out and discuss signs (e.g., stop signs) and symbols (e.g., fast food logos) to help children learn that symbols and words have meaning

Have your child use stuffed animals or dolls to recreate a favorite story that you have read to them

Sing the ABC song with your child. Ask them what their favorite letter is, and why it is their favorite letter.

Say a work and have Say a work and have your child say he opposite (e.g., you say "big", your child says "little".) Help your child practice writing the letters of the alphabet.

Have your child practice writing their last name using shaving cream.

Play the "rhyming game" with your child. You say a word and then ask your child to say a word that rhymes with it. Have your child tell you a story about the time they did something fun with their friend. Help them write it down Have your child create an illustration or picture

While reading a story to your child, talk to them about ways to care for books. Show them how to turn the pages gently and find a safe place to keep books at home.

Ask your child to find a toy that begins with the letter "t". Then have them find one that starts with a "b" Use several more letters to have your child practice beginning sounds



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MATHEMATICS

MONTH 3



NO W

Provide your child with an opportunity to play with wooden blocks, Legos, plastic interlocking blocks, empty boxes, milk cartons, etc. Stacking and manipulating these items will help your child learn about shapes and the relationships between them.

WEEK 1

WEEK 2

Play games that direct your child to jump forward and back, to run far from you or stay nearby.

WEEK 3

Go outside with your child. Start a fun game with your child by giving them a place to stand and have them guess how many steps they are from you. When they walk back, have them count their steps aloud. Try different distances.

WEEK 4

Help your child survey your family and use tally marks to answer questions such as, "What do you want for lunch, a sandwich or a hotdog?" or "What game should we play, Simon says, or I spy?" Count the tally marks and ask your child which one had more.

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Allow your child to sequence containers of food, such as cereal boxes or canned goods found in the kitchen cabinets. Begin with three-four items and increase up to six items as your child is able to order the items and describe the arrangements they have made according to size.

Go on a scavenger hunt around your house. Give your child a list of items to find such as a shoe, a book, a toy car....
Once found, have your child place the objects in order according to

Count throughout the day...count how many steps it takes to get to the bathroom, count how many pillows are on the couch, count how many doors/ windows are in the house.

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Sort a deck of cards together, by numbers, by colors, or by shapes/suits. Take a walk and gather rocks, sticks, and leaves. Compare sizes of objects and help your child sequence objects by size (smallest to biggest). Count the number of objects one by one.

Discuss shapes. Go around the house and talk about the shapes you see. "The table is a circle, the window is a square, the door is a rectangle. What shape is your bed?"

Create an obstacle course inside or outside that involves your child moving in different locations and directions.

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For snack, make a combination of crackers, cereals, pretzels, etc. Ask your child to sort through the snack matching the like items, then eating it.

Have your family stand in a line or show your child a picture of a group of people. Ask them, "Who is the tallest?" "Who's the shortest?"

Make today a "square" day. Draw a square together, cut it out and then look for different squared shaped objects. Have a square snack, (a sandwich, cracker, cheese, etc.).

Talk about big and small/little. Have your child find things that are bigger than their hand, smaller than their hand exc.

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Play the "quiet game". Ask your child to be still and quiet for 1 minute (60 seconds). Make a meal with your child. Let your child measure the ingredients and stir.

Dump out all the socks from the laundry. Set a timer and see how many matches they can make in 1 minute. After the minute, stop and count the pairs together.

Get a stack of solo cups. See how high of a tower you can build with the cups. Count the cups as you build to see how many you use.

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